

LIVING IN I'ON

It's a way of life, not just a place to call home



September Events

| | | |
|-----|------|---------------------|
| Fri | 9/1 | First Friday TBD |
| Thu | 9/7 | Playground Social |
| Tue | 9/12 | Women's Coffee |
| Wed | 9/20 | Potluck Dinner |
| Thu | 9/21 | Lunch Bunch |
| Wed | 9/27 | Yarn Buddies |
| TBD | TBD | Women's Movie Group |

Important Dates

| | | |
|-----|------|------------------------|
| Mon | 9/4 | Labor Day |
| Tue | 9/5 | IDC Meeting |
| Fri | 9/8 | Recycling Pickup |
| Tue | 9/12 | IDC Submittal Deadline |
| Sat | 9/16 | Rosh Hashanah |
| Tue | 9/19 | IDC Meeting |
| Thu | 9/21 | Recycling Pickup |
| Sat | 9/23 | Fall Equinox |
| Mon | 9/25 | Yom Kippur |
| Tue | 9/26 | IDC Submittal Deadline |

DOCK CLOSINGS ON PAGE 2

2023 I'On Board Meetings
159 Civitas Street
Mondays at 6:00 p.m.

September 18
 October 16
 November 20
 December 18



The I'On Trust is pleased to announce this year's recipient for the Giving Lights of I'On

Each year during the holiday season, The I'On Trust coordinates a fundraising project, The Giving Lights of I'On, which sells luminary kits to raise money for a local non-profit.

We are thrilled that The Formation Project is this year's recipient. The fundraiser culminates with neighbors lining the street in front of their homes with luminaries and lighting them on the same night during the Holiday Festival of Giving. If you are interested in getting involved, contact Antonia Fokas at antoniafokas@hotmail.com.



Our Vision: A world where no person is bought, sold, or exploited.

The Formation Project is a survivor-founded and survivor-led nonprofit, providing direct services to survivors of human trafficking in the Tri-County area.

"We are building a community-led by survivors for survivors. Together we are creating a safe space without fear or judgement, with opportunities to make new connections with ourselves and others, learn, cultivate leadership abilities, and access resources. To ensure survivors have a seat at the table, leading initiatives and making change. To hold space for someone facing big fears with even bigger courage, this is something that's value is innumerable."

- Kat Wehunt, Co-Founder & Executive Director

Please read more about the Formation Project along with a "Survivor's Story" on Page 4.





DOCK CLOSINGS - SEPTEMBER 2023

| Date of Event 2023 | Event Type | Ceremony Starts |
|--------------------------|---------------------|-----------------|
| Friday, September 1st | Wedding & Reception | 5:25-5:55 |
| Saturday, September 2nd | Wedding & Reception | 5:25-5:55 |
| Sunday, September 3rd | Wedding & Reception | 5:25-5:55 |
| Friday, September 8th | Wedding & Reception | 5:25-5:55 |
| Sunday, September 10th | Wedding & Reception | 5:25-5:55 |
| Friday, September 15th | Wedding & Reception | 5:25-5:55 |
| Saturday, September 16th | Wedding & Reception | 4:55-5:25 |
| Sunday, September 17th | Wedding & Reception | 4:25-4:55 |
| Friday, September 22nd | Wedding & Reception | 5:25-5:55 |
| Saturday, September 23rd | Wedding & Reception | 4:25-4:55 |
| Sunday, September 24th | Wedding & Reception | 5:55-6:25 |
| Friday, September 29th | Wedding & Reception | 3:55-4:25 |
| Saturday, September 30th | Wedding & Reception | 4:25-4:55 |

FIRST FRIDAY

TBD - HOST NEEDED

#TGIF

Many thanks to Roy and Karen Rathbun for hosting a really nice group in August. As of the Newsletter deadline, we were still looking for a host for September's First Friday!

We still have openings for November and heading into 2024. Please contact Wendy Nixon at (203) 858-7909 if you would like to host a party - our committee will make it easy. Best, Wendy Nixon, Amy Goldy, Carter Ward, and Dawn Beaver, your FF coordinators.

PLAYGROUND SOCIAL HOUR

Thursday, September 7 - 4:00 - 5:00 p.m.

Hosted by Jessica Smith at the Scramble Playground
(behind the shops at I'On)

Come join us for a fun afternoon at the Scramble Playground with your neighbors!

Please contact Jessica Smith at Jessicadb25@gmail.com, if you have any questions. An RSVP is appreciated so we know how many to expect. Looking forward to seeing you!



WOMEN'S COFFEE

Tuesday, September 12 - 10:00 a.m. to 12:00 p.m.

Hosted by Debra McLaren at 209 Ponsbury Road

The Lazy Days of Summer Have Ended! Join the Women of I'On for coffee and conversation.

Please bring a cup for coffee or tea. No RSVP needed. Call Women's Coffee coordinators Joyce Stifel at (574) 276-5000 Or Susan Fitzgerald at (703) 402-3298, for further information. The Coffees are sponsored by the I'On Trust.



POTLUCK DINNER

Wednesday, September 20 - 6:30 p.m. at the Creek Club

Hosted by Leah Lindemuth and Monika Bonn-Miller



Thank you to Leah Lindemuth and Monika Bonn-Miller for hosting September's Potluck. The theme will be "Potluck with a Cop". An officer will be present to answer any questions about TOMP, I'On specific issues, crime, safety, and security.

Please join us for a delightful evening overlooking Hobcaw Creek and the marsh! Plan to arrive at 6:30 and bring a dish to share, along with your own plate, utensils, a beverage and glass. There are no rules that you must personally cook what you bring. Please encourage new neighbors to join us... Potluck is a great opportunity to make new friends and catch up on neighborhood news. Don't be shy! You will find dinner partners aplenty. Do not hesitate to arrive solo!

We are looking for someone to host November's Potluck. Please contact Wendy Nixon at (203) 858-7909, if interested. Best, Wendy Nixon, Lendy Barnard, Amy Goldy and Carline Soutter, your Potluck committee

LUNCH BUNCH

Thursday, September 21 - 12:00 to 2:00 p.m.

**Hosted by Amy Goldy at Magnolias downtown (www.magnoliascharleston.com)
185 East Bay Street**



Lunch Bunch is back this September!

Thank you to Amy Goldy who will host at Magnolia's downtown. We are limited to 12 people total, so please RSVP to Amy at amygoldyid@gmail.com by Monday, September 18th.

If you have questions about Lunch Bunch or are interested in hosting, please contact Kristen Anderson at kristenande@gmail.com

YARN BUDDIES

Wednesday, September 27 - 10:00 a.m. to 12:00 p.m.

Hosted by Bebe Coyle at 213 Ponsbury Road



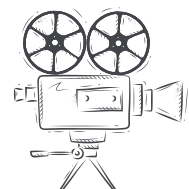
If you are able to attend, please text Bebe at (561) 371-4004 or send an email to bebecoyle@comcast.net.

Thank you very much to Lizzy Boyle for hosting Yarn Buddies in August.

Yarn Buddies was designed for those who want to encourage and share their imagination, inspiration, and creativity in the handcrafted arts. Anyone interested in the creative arts of handiwork is warmly invited to attend, be it knitting, crocheting, needlepoint, jewelry making, quilting, rug hooking, etc...

I'ON WOMEN'S MOVIE GROUP

Sign up to receive future movie dates and times...



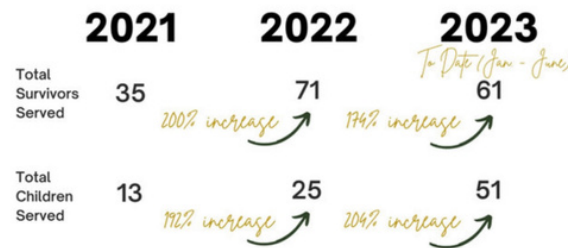
Our next outing will be announced by email to all neighbors on the movie list. If you aren't on the list and are interested please email Jan Laabs at laabsjan@hotmail.com. You will then receive an evite with all the information to attend the next outing. It may be awhile depending on what's playing.



THIS MONTH WITH THE I'ON TRUST

The Formation Project is the recipient for the Giving Lights of I'On

The Formation Project by the Numbers 2023 Midyear Impact Report



57 Incoming referrals
117 therapy sessions covered
439 Direct Service Units Provided
51 Family members served
\$329,727 invested in the survivor community

2022 Impact
83.3% programs 9.4% Administration 7.2% Fundraising

A Survivor's Story

C came to us after she left her trafficker and moved into a sober living house... Since starting with TFP she has accomplished so much. We are blessed to get to walk alongside brave, resilient, and brilliant survivors like C.

"They have changed my life I'm no longer dead inside and have a community of women I can relate with. They have helped with countless things. They have helped me get my son back. I was able to buy my own car and have a savings account. They have provided me with the education and trauma therapy I needed. Today my life looks very different because of them. I have long-term recovery. I am employed with them providing transportation for other survivors. I was able to go back to school for Human Services where I was put on the Dean's list at Trident Tech. I just got certified as a Peer Support Specialist through Favor. I want to help others and give the full circle effect. I have dreams of getting my son and me out of the poverty level and being a homeowner. I hope to do so by working in this field and giving others hope. I know this is just the beginning of a very happy and fulfilling life. God blessed me by directing me to TP and placing all the right people at the right time. Rebuilding life after trafficking can feel isolating and overwhelming. Resilience is beautiful, but it's exhausting. Having other survivors to walk this road to healing with is life-changing." - C

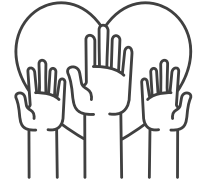
All gifts are fully tax-deductible
<https://www.theformationproject.org/>



POSTPONED FROM AUGUST

Meet the Mount Pleasant Police Department at the September Board Meeting

Please join us on Monday, September 18
to meet and ask general questions of
Officer Carruthers, who is the MPPD community officer
assigned to our neighborhood.



I'On At Home Volunteers Needed

I'On at Home is looking for volunteers to help provide services to our members who are over-55-year-old residents. Volunteers assist our members with short term life disruptions such as accidents, surgery, or time away from I'On. The goal is to make it possible for members to remain in their homes as long as possible. The services include simple household tasks (for example: watering plants while members are away, rides to appointments or the airport, HVAC filter changes, battery changes in smoke detectors), technology assistance, and temporary help with pets.

These are generally short-term projects and most requests can be accomplished in under an hour. There is no long-term commitment required and you can choose when and how you would like to help.

This is an opportunity to help maintain the age-diversity in our community, one of the aspects that makes it such a wonderful place to live.

Volunteers help to make our community function. Please consider volunteering. For more information contact Mary Holtz at maryh@ionathome.org or Kathie Haas at Kathie.haas@gmail.com.



2024 I'On Community Directory

The Assembly management office is hard at work getting the 2024 directory finalized to be printed in the beginning of October. If your contact information was not correct in the 2023 directory, or if you are a new resident and want to confirm we have your correct information, please email your request to esimpson@ravenelassociates.com by September 30th.

COMING IN OCTOBER - Annual Hat Luncheon

The October Lunch Bunch will be held at Charleston Place Café on Thursday, October 26 at noon. This is the Annual Hat Luncheon that was started in 2004 by a group of I'On women led by Linda Hanson. Hats are suggested to make this a truly festive event.

Please RSVP to Linda Hanson at lindahanson@gmail.com



BUTTERFLY GARDEN

Do Monarchs Stay in SC Year-Round? What Story Does the I'On Butterfly Garden Tell Us?

by April Gordon

An article published this summer on coastal SC Monarchs has gained considerable attention among Monarch enthusiasts, including many of us associated with I'On's butterfly garden on Eastlake Rd. Published in the peer-reviewed journal *Scientific Reports*, the article discusses the findings of a five-year study (2018-2022) under the auspices of South Carolina's Department of Natural Resources. The results of the study challenge the accepted view that all of the eastern Monarch population (except for a few in Florida) migrate to and from Mexico every year. Instead the data from coastal South Carolina indicate that there is a population living here yearround rather than migrating. These Monarchs spend the spring, summer, and fall mostly in swamps and hardwood bottomlands and survive the winter on coastal sea islands. The lead investigator was biologist Billy McCord, who has been an occasional consultant to me on Monarchs since the I'On garden was created in 2015.

McCord has been investigating local Monarchs since 1996 and has tagged more than 53,000 of them. He began thinking about the possibility of an overwintering population after regularly finding Monarchs at Folly Beach in November and December, when they should have migrated to Mexico. The recently published study provides more scientific rigor to these earlier investigations. A large sample of 18,375 Monarchs were tagged on local island habitats on Folly Island, James Island, and Mt. Pleasant and in forests and swamps in parts of Charleston and Berkeley counties. Throughout the study period tagged Monarchs were found by the researchers every month of the year, even in winter, from north of Myrtle Beach all the way to Daufuskie Island including the Charleston area. Surprisingly, some of the tagged butterflies were coming from as far away as Canada and New England. Although these findings are exciting, as McCord notes, more research is needed to support the conclusion of an overwintering Monarch population on the coast and determine the implications of these findings for improving the survival chances of Monarchs, whose numbers have plummeted in the US. Now what has this got to do with our I'On Butterfly Garden aside from the fact that one of McCord's tagged butterflies was photographed in the garden on May 17, 2018?

After reading about the study, I began to wonder if there is evidence of Monarchs visiting our garden during the winter months of November through March, which would be consistent with the idea that some Monarchs are overwintering in our area. Although not a scientific study, I decided to check my photos for images of butterflies, caterpillars, or chrysalises (formed or about to form) during the months of November-March taken at the garden. Without going into detail, in every year from 2015 to 2023, I found that I have photos of Monarchs in the garden at various points in their life cycle in one or more of those months.

Keep in mind that I am not always in the garden during the winter months or looking for evidence of Monarchs on any systematic basis; yet there they are in the photos I do have! After reading Billy McCord's exciting new research, I will be paying more attention from now on. April Gordon at dr.aprilgordon@gmail.com

For more information contact April Gordon at dr.aprilgordon@gmail.com.



Biologist Billy McCord demonstrates how to safely hold and tag a Monarch



I'ON COMMUNITY GARDEN

Are You Suffering from our Excessive Heat? Our Garden Plants Are Too

by April Gordon

Since July coastal SC has been experiencing record hot and humid conditions, making it feel like it is well over 100 degrees during much of the day. Such heat is not only uncomfortable, it can promote dangerous and even life-threatening health problems for some people. As hard as the heat is on us, you may not realize that you are not the only one suffering. Your garden plants are struggling too, and they don't have the good fortune to escape to the relief of air conditioning. We community gardeners, who were previously enjoying our verdant and productive gardens, now find ourselves coping with numerous challenges keeping our plants alive and healthy. Knowing the issues we face and how to deal with them can be useful for all of us who are concerned about hot weather stress on our outdoor plants.



Ripening of these green tomatoes and fruit set has stopped due to the heat. Disease has also taken hold as evident from the discolored foliage.

Here's what we know about the effects of high temperatures on plants. When daytime temperatures are over 90 degrees with nighttime temperatures in the mid-70s or above for an extended period, many plants will stop growing and producing and switch into survival mode. Common symptoms include leaf, flower, and fruit drop and die-off. Besides heat stress, fruiting declines or stops because pollinators become less active in high heat, and humidity over 70% can keep pollen from moving in the air and fertilizing plants.

Diseases also increase as overhead watering, frequent rain, and high humidity encourage mildew, blight, and wilt. Bell peppers, cucurbits (squash, cucumbers), and tomatoes are especially affected. Not only are heat-stressed plants more susceptible to diseases, they are also less able to fight off pests such as the spider mites that are currently attacking some of my eggplants and bush beans.



Downy mildew is a frequent fungal disease on squash during hot, rainy weather and is difficult to treat.

Sound hopeless? Not so. When temperatures drop, many of our healthy plants will begin producing again, and we can replant. In the meantime here are some recommendations from the experts on what you should do. A top priority is to ensure that plants are as cool as possible by keeping soil moist but not wet. Water around the root zone and avoid wetting the leaves. Maintain 3" of mulch (such as straw, pine straw, or chopped leaves) around plants to keep soil and plants cooler and hold moisture. Avoid bare soil which can be 20-30 degrees hotter than the air! Watering early in the morning is best to allow leaves to dry and give plant roots more time to absorb water. Watering in the evening is less desirable because wet conditions give diseases more chance to spread. Avoid pruning plant stems and leaves to maintain shade for fruit (such as tomatoes and peppers) that are subject to fruit scald from too much sun.



Do not fertilize heat-stressed plants; wait until cooler weather when normal growth resumes. Provide shade for plants by moving them (if in containers) out of full sun or temporarily provide shade cloth. Treat diseases and pests with appropriate organically approved remedies. Keep gardens weeded to prevent your plants having to compete for water, nutrients, and space. Then look ahead to a break in the weather in September and great gardening days to come. Contact - April Gordon at dr.aprilgordon@gmail.com

Sun scald caused by too much direct sun in hot weather can damage healthy bell peppers, tomatoes, and plant foliage



IDC and Assembly Board are Seeking Resident Feedback on Revised IDC Guidelines

Over the past several months the I'On Design Committee (IDC), comprised of two architects, two landscape designers and two I'On residents, has been working under the sponsorship of the Board's IDC Liaison to make the review process more efficient for everyone. Changes already made include:

- Implementing interim inspections for structural modifications, additions and new construction projects to ensure they are being built in accordance with approved plans;
- Having residents requesting changes to existing structures (such as additions or alterations, but excluding routine maintenance and repair as well as construction work done entirely within the interior of an existing structure), and for new construction (to include homes, carports/garages, sheds and ADUs) meet with the Neighborhood Design Coordinator (NDC) before the application is presented. This gives the NDC the opportunity to identify for the homeowners concerns likely to be raised by the IDC and give the homeowners time, if they choose, to modify the proposed plans; and
- Permitting homeowners and their design professionals to meet with the IDC in person to share and explain their design objectives.

In addition, the IDC and Board Liaison have undertaken a comprehensive review of the Architectural and Landscape Guidelines, Procedures and Policies as it became apparent that in many instances language was ambiguous and/or that changes were appropriate.

For example, throughout the current document the word “should” appears frequently, leaving homeowners and the IDC to question whether the design criteria were suggestive or required. Each instance where “should” appears was reviewed to determine whether “must” or “may” was most appropriate. Similarly, under the existing guidelines screening is technically not permitted on the marsh-facing sides of homes. Considering the environment along the marsh the IDC proposes removing that restriction. Another proposed clarification involves sports and play equipment (nets, poles, etc.) to permit move-able equipment (such as basketball poles and nets) so long as they do not impede street usage, but disallowing the affixing of such equipment to structures (homes, ADUs, garages, etc.) or the ground using bolts, screws, cement or similar adherents. Also, requests to install artificial turf and roof mounted solar panels will be reviewed on a case-by case basis and generally approved if not visible from the public realm.

Overall, the vast majority of the proposed changes do not involve substantive revisions—rather, the proposed guidelines seek to clarify ambiguities, streamline language, remove redundancies and update standards to comport with current realities.

Before deciding whether to adopt the proposed revisions, the Board invites homeowners to review the existing and proposed guidelines and submit comments. The current guidelines can be found [HERE](#) and the proposed guidelines [HERE](#). Comments will be collected until the end of September and may be submitted via email to esimpson@ravenelassociates.com.

The IDC and Board commit to review and thoughtfully consider all comments before taking final action.

Thank you!



GREAT REASONS FOR PLANTING NATIVE PLANTS THIS FALL

There are many advantages to adding native plants to your garden starting with their beauty. Here are several expert resources that will help you learn more and make choices that work for you. Thank you to **Karen McLean**, our neighbor and a member of the HOA's Landscaping Committee, for recommending these helpful sites.

An Introduction to Native Plants for SC Landscapes | Clemson Home & Garden Information Center Native plants have evolved in place over time; therefore, these plants tend to be hardy and well-adapted in the residential or commercial landscape. In many cases, established native plants can grow with little to no fertilizer and pesticides, and may require little to no irrigation.

<https://hgic.clemson.edu/factsheet/an-introduction-to-native-plants-for-sc-landscapes/>

Audubon: Why Native Plants Matter Restoring native plant habitat is vital to preserving biodiversity. By creating a native plant garden, each patch of habitat becomes part of a collective effort to nurture and sustain the living landscape for birds and other animals. <https://www.audubon.org/content/why-native-plants-matter>

South Carolina Native Plants List: 15 Stunning Landscape Perennials Here are some native plants to SC that you can consider for your home garden or landscape. <https://www.backyardgardenlover.com/south-carolina-native-plants-list/>

South Carolina Native Plants for Landscaping Native plants are beneficial to our environment and our economy. They are often more resilient to pests and disease and provide wildlife food and shelter.

<https://plantnative.org/south-carolina-native-plants-for-landscaping-with-pictures.htm>

LOCAL GARDEN NURSERIES SPECIALIZING IN NATIVE PLANTS

Roots and Shoots Nursery <https://rootsandshootsnursery.com> 843.633.1429, 1108 Wappoo Rd, CHS

Brownswood Nursery <https://www.brownswoodnursery.com/the-gardeners-corner/15-native-plants-for-lowcountry-gardens> 843) 559-3425 1290 Brownswood Road Johns Island, SC 29455

I'ON ASSEMBLY (HOA)

For Information on I'ON Assembly recommendations on which plants to choose for certain areas, contact I'On Assembly General Manager Emily Simpson, 843-606-6366, esimpson@ravenelassociates.com.

I'ON ECO GROUP - Preserving I'On's beauty through sound environmental practices.

Contact us at ionecogroup@gmail.com



Hello from I'On At Home,

IAH offers members an array of Programs and Services.

Programs engages members in a wide range of social activities from live concerts, lectures, wine tastings, bocce ball to current events. **Member Services** provide rides to the airport, simple handyman projects and the Loan Zone, a lending service for occasionally needed items such as walkers, baby seats, folding chairs, bicycles, etc. Last year a third feature was added to the IAH membership experience called:



***Programs focused on healthy living, emotional wellbeing
& technology support***

CHOICES topics have ranged from The Aging Body and the Importance of Diet, Exercise, Lifestyle to a vegan Nordic cooking class to How to Work Smarter, Safer and More Efficiently with Technology. Lecturers have included medical doctors, personal trainers, business owners and a fire captain.

This Fall, we'll have talks on nutrition, home security, the power of laughter, athletic training, physical therapy, Chinese medicine and the secrets of living longer.

Over 55, I'On At Home is for you!

Join us and become a part of a lively group of neighbors interested in learning new things, sharing cultural and social activities and helping each other.

Contact Mary Holtz, IAH Administrative Manager: maryh@ionathome.org or visit us at:
<https://ionathome.helpfulvillage.com>

Welcome New Neighbors

Be sure to stop by to welcome and introduce yourself to...

Kara & John Eck
47 Jogging St

Jenn & Kevin Roggin
11 Perserverance Street

Dana & James Scavo
170 Ionsborough Street

Elizabeth & Jamie Zeppernick
58 Saturday Road

Moving Around I'On:

Susan & George Miller
24 Prescient St

Sherry Taylor
31 Krier Lane



Communications Committee

Michael Spalding
Communications Chair

Fran Tepperman
Living In I'On Editor

Mary Kaplan
Ambassador Chair

Kathie Haas
Danielle Marin

Antonia Fokas
I'On Trust

Mary James & Emily Simpson
HOA Managers, Ravenel Associates



The Communications Committee wants to hear from you!
Click [HERE](#) to submit your questions, comments, requests, or concerns.
It's always a pleasure to hear from a Living in I'On reader!

I'On Assembly Seeks Candidates

Each year during the annual meeting in January, I'On holds open elections for candidates who are interested in serving a two-year term on the I'On Board of Directors. For the 2024-2025 terms, there will be four (4) Board seats available to candidates.

Your current board of directors encourages you to get involved in the future direction of I'On by running for a board seat or encouraging a neighbor to get involved.



Board members are available between now and the January election to discuss the job responsibilities and what it is like to serve on the board. All we ask is that you are able to commit to at least two hours a week and have an open mind about making decisions that are in the best interest of all 761 titleholders.

The Board welcomes all residents to attend our monthly meetings, held the third Monday of each month and this is a great way to personally get a feel for how the Board operates. Upcoming board meetings are scheduled for September 18; October 16; November 13; and December 18.

Please contact our General Manager, Emily Simpson if you are interested in learning more: esimpson@ravenelassociates.com

2022-2023 Board of Directors

[Julie Hussey: Board President](#)

[Lon Waggoner: Vice President/Covenants Chair](#)

[Stephen Wood: IDC Liaison](#)

[Robert \(Bob\) Adams: Finance Chair](#)

[Michael Spalding: Communications Chair](#)

[Simon O'Shea: Amenities Chair](#)