

LIVING IN I'ON

It's a way of life, not just a place to call home

2023 Civitas Award

The Civitas Award has been given to an outstanding member or members of the I'On Community since 2003. It is awarded to a person or persons who has gone above and beyond the call of service. The word Civitas is Latin for citizenship; conveying a sense of community, responsibility, and a common purpose.

We would like to congratulate Tom O'Brien as the 2023 Civitas Award recipient! Tom's previous years on the Board and his community participation is what makes I'On a special community! I'On would not be what it is today without all the past, present and future volunteers who continue to keep the I'On Community thriving.



Congratulations, Tom!

You're Invited

- 02/03 First Friday
- 02/14 Women's Coffee
- 02/15 Potluck Dinner
- 02/16 Lunch Bunch
- 02/22 Yarn Buddies
- 03/09 Women's Movie Group

Other Important Dates

- 02/09 Recycling Pickup
- 02/14 IDC Submittal Deadline
- 02/23 Recycling Pickup
- 02/28 IDC Submittal Deadline

Creek Club Dock Closures

- 02/04 2:55 - 3:25 pm
- 02/25 4:25 - 4:55 pm

I'On Board Meetings 2023

On the following date at 6:00:

- 02/20
- 03/20
- 04/17
- 05/15
- 06/19
- 07/17
- 08/21
- 09/18
- 10/16
- 11/20
- 12/18



You're Invited...

...First Friday

Friday February 3, 6 -8 pm

Hosted by Regina Condy and Harris Myers at 45 Saturday Rd

Our next First Friday cocktails will be on Friday, February 3 from 6-8 pm, graciously hosted by Regina Condy and Harris Myers at 45 Saturday Rd.

No need to RSVP, just please remember to bring your own libations, drinking glasses and a small appetizer to share. Our hostess has requested all guests be vaccinated.

Thanks to those who have offered to host First Fridays - we're almost covered for the year!

We still have openings for July (we don't always have one in July, but if you would like to host that month, let's do it!), September and the rest of 2023. Please contact Wendy Nixon at 203 858 7909 if you would like to host a party. Our committee will make it easy.

Best, Wendy Nixon, Dawn Beaver and Carter Ward, your FF coordinators

...Women's Coffee

Tuesday February 14, 10 am - noon

Hosted by Kathleen Coffman, 324 N. Shelmore Blvd

Join the sweetest women of I'On for conversation and camaraderie on Tuesday, February 14, 10:00 AM-Noon at the home of Kathleen Coffman, 324 N. Shelmore Blvd. Please bring a cup for coffee or tea.

As a courtesy to the host and others, we request guests be vaccinated with boosters. No RSVP needed.

If you would like more information, call coordinators Susan Fitzgerald at 703 402 3298 or Joyce Stifel at 574 276 5000.

Women's coffees are sponsored by the I'On Trust.



...Potluck Dinner

Wednesday, February 15, 6:30 pm at the Creek Club

Many thanks to Jim and Becky Head for hosting our January potluck - we had a few open chairs, but EVERY TABLE had a nice group of friends, new and old. Hopefully someone can come forward to host this month, it's a great time to get out and socialize with your neighbors. Hope you'll join us this month.

Come celebrate with your neighbors. Please join us for a delightful evening overlooking Hobcaw Creek and the marsh! Plan to arrive at 6:30, and bring a dish (with serving utensil) to share, along with your own plate, utensils, a beverage and glass. There are no rules that you must personally cook what you bring.

Please encourage new neighbors to join us. Potluck is a great opportunity to make new friends and catch up on neighborhood news. And don't be shy...you'll find dinner partners aplenty once you arrive. Don't hesitate to arrive solo!

Would you like to host? We're looking for hosts for February through May of 2023 as well as for July and August - it's super easy to host, and a great way to meet your neighbors. Let Wendy know at wlknixon@gmail.com or 203 858 7909. We all hope to see you there.

Best, Wendy Nixon, Lendy Barnard, Amy Goldy and Carline Soutter, your Potluck committee.

...**Based on polling of regular Potluck attendees, we are requesting that all guests be FULLY vaccinated AND boosted.**

You're Invited...

...Lunch Bunch

Thursday, February 16, 1 pm at Ruby's Bagels, 280 W Coleman Blvd, Mount Pleasant

Many thanks to Margie Bondy who hosted lunch at Tavern and Table in January.

The next Lunch Bunch is February 16th at 1:00 pm (please note the different time this month). The venue will be Ruby's Bagels, 280 W. Coleman Blvd MtP, **owned by local I'on residents Kevin and Gail Roach**. The bagels are receiving rave reviews, but many are unaware of the delicious lunch options. Please RSVP to Kristen Anderson (kristenande@gmail.com) by February 13th. <https://www.rubysnybagels.com/copy-of-bagels-spreads>

We are looking for hosts for various months in 2023. Hosting is easy - you just need to pick one of your favorite restaurants and collect the RSVPs. Questions? Contact Kristen Anderson at kristenande@gmail.com.

...Yarn Buddies

Wednesday, February 22, 10 am - noon

Hosted by Priscilla Minkin, 8 Edenton Rd.

Priscilla Minkin is hosting the Yarn Buddies on Wednesday, February 22 from 10:00 AM to 12 noon at her home on 8 Edenton Rd. Anyone interested in the needlework arts and hand-crafting endeavors is welcome to attend. Please text Priscilla at 802-371-8153 or email her at priscilla.minkin@gmail.com if you are able to attend.

...I'On Women's Movie Group

Thursday March 9

Organized by Jan Laabs

A group of sixteen ladies watched "A Man Named Otto" together on Thursday, Jan. 26th. They then went to Graze to talk about the movie. It was a fun evening.

Our next outing will be on Thursday, March 9th. As usual the movie title, location, and time will be sent out to the members of the movie group the weekend before the event.

If you would like to part of this fun group, contact [Jan Laabs](#), cell- 248 404 8563.

I'On Assembly Board of Trustees 2023

We would like to thank everyone who attended the 2023 annual meeting on Wednesday, January 25! Another thanks to all the neighbors who voted online and submitted proxies prior to the meeting. The annual meeting cannot happen without the participation of the community. We are happy to announce your 2023 Board of Director positions. Following the January 25, 2023 annual meeting, the Board held their Board Organizational Meeting.

President - Julie Hussey

Vice President/Covenants- Lon Waggoner

Treasurer- Bob Adams

Secretary/Communication Chair - Michael Spalding

IDC Liaison- Stephen Wood

Landscape & Infrastructure - Chelsea Darcangelo

Amenities - Simon O'Shea

www.ioncommunity.com



This Month with The I'On Trust...



(portrait) by Mira Adwell

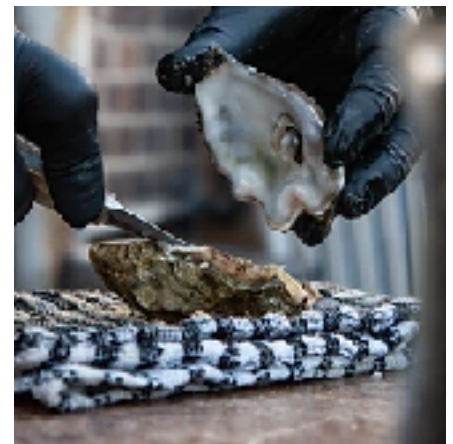
I'On the Arts **Talk with Spoleto Festival USA's** **General Director, Mena Mark Hanna** **Thursday, February 23rd** **6:00**

The Trust is pleased to host a talk with Spoleto's very own General Director. Join us for a special event with Dr. Mena Mark Hanna. For a sneak peek into Dr. Hanna's background, [click here](#) to read an article by Charleston Magazine.

Seating for this event is extremely limited. Tickets are free but are required to attend. Tickets will be available starting February 6th at 8:00am. To signup for this event, please [click here](#).

2023 I'On Trust **Neighborhood Oyster Roast** **Westlake Amphitheater** **Sunday, February 26th** **3:00-5:30**

Join us for I'On's annual Oyster Roast! This year, Charleston Bay Gourmet will be serving up all you can eat oysters along with a BBQ buffet with mac n'cheese. Tickets are limited and can be purchased online now until February 22nd. **To purchase tickets, please [click here](#).**



This is a BYOB event for guests 21+

If you would like to pay with cash or check, please contact Kat Harberg
kharberg@iontrust.org

Let's connect! Follow
our new instagram
@theiontrust





**PLACE ITEMS LOOSE IN YOUR BLUE RECYCLE BINS
PLEASE DO NOT USE BAGS OR BOXES**

A spokesperson for Charleston County Environmental Management advises the I'On Eco Group that one of the most common mistakes in recycling is to bag or box recycle materials when placing in the blue bins. Bagged items/plastic bags can wrap around the rotors in our sorting equipment at the recycling center and create safety issues for workers.

Here is a link to a video that better details the sorting process at Charleston County's MRF.

For more information: website recycle.charlestoncounty.org; telephone (843)720-7111



I'ON ECO GROUP

Preserving I'On's Beauty Through Sound Environmental Practices

For information, please contact Carol Degnen, cdegnen@gmail.com



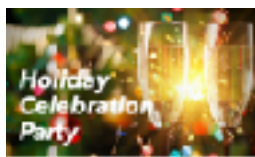
A community of friends enjoying enriched, vibrant and independent lives together

Benefits of Being an I'On At Home Member

Great programs, cultural events and our volunteer services make membership in I'On At Home worthwhile for our members. Some join for the opportunity to be with friends, meet new people and share in IAH's social and educational opportunities. Others view membership as a kind of insurance policy with benefits, knowing that our volunteers are here whenever the need arises.

So if you're 55+, we invite you to become an I'On At Home member and join us in this exciting adventure!

Here are a few of the events and activities that our members enjoyed recently.



To learn more about I'On At Home:

Contact Mary Holtz, IAH Administrative Manager: maryh@ionathome.org
or visit us at: <https://ionathome.helpfulvillage.com>

I'on Community Garden

Why You Should Get a Community Garden Plot for 2023

The I'on Community Garden is currently registering new gardeners for 2023. Conveniently located on Eastlake Rd, the garden is in the upper end of the large open field near Mathis Ferry Rd. Although most of our garden plots have been reserved, a few are still available. For \$75 you can garden all year in a 5' x 8' raised bed that is freshly amended and mulched with fencing, water, mulched pathways, and expert garden advice all provided. You should get a plot now before they are all gone.

Why should you join the community garden? An obvious reason for acquiring your own community garden plot is that you can grow healthy organic food (and herbs or flowers) to enrich your family's diet or share with friends and neighbors. But there are many other benefits of community gardening. Research shows that exposure to plants and green space in general provide "green care" for the whole person; community gardening is especially valuable because it combines the benefits of gardening with those of social interaction with others.

These combined benefits include the following:

1. Better physical health: gardening in general provides exercise to increase strength, maintain a healthy weight, improve sleep, and provide exposure to sunlight (vitamin D from moderate sunshine helps strengthen bones and the immune system and lowers the risk of some cancers, diabetes, and dementia).
2. Better mental health: gardening can lessen anxiety and symptoms of depression, reduce stress, and improve mood. Many gardeners report the satisfaction they get from growing plants (for their beauty as well as for food) and how doing garden tasks such as planting, watering, pruning, and even weeding are calming and therapeutic. Such activities along with enjoying the bees, butterflies, and other animals in the garden are consistent with the positive effects of "living in the moment" by focusing on and savoring what is around us.
3. Positive social interactions: community gardening is an activity involving others including family, friends, and neighbors of all ages. New skills and knowledge are acquired in the process of gardening which are shared with others and promote common interests and friendly engagements. Enjoyable social interactions with other gardeners in turn enhance a sense of personal wellbeing

Given the many benefits, which extend to children as well as adults, it is not surprising that gardening is one of the most popular hobbies in the world and that the number of community gardens has skyrocketed. In the 100 largest US cities alone, there are currently more than 29,000 community gardens and these numbers are increasing each year. Experience community gardening for yourself by joining the I'on Community Garden. Request a registration form from garden coordinator April Gordon at iongarden@gmail.com.



I'on's Community Garden is a place to get exercise and sunshine in a beautiful green space. You can also get to know your neighbors and share ideas or provide mutual assistance.



Gardening is not just for grownups. Even toddlers like to dig in the dirt and eat fresh vegetables –especially when they help grow it with their family

Butterfly Garden

In February the Butterfly Garden Begins to Come Alive

Most of the plants in the butterfly garden were killed and have remained dormant since the freezing weather of late December. But happily, since our plants are mainly perennials, the dreary appearance that greets the visitor now is only temporary. With milder temperatures and longer days, verdant life and beauty will faithfully re-emerge. While checking the garden in late January with temperatures in the 50's and 60s, I could already see changes taking place that are harbingers of Spring. And in our mild climate, February is usually a turning point. Among the earliest signs of seasonal change are the emergence of such wildflowers as henbit and chickweed. Commonly perceived as weeds, these plants are welcome around the butterfly garden because they are among the few nectar sources for early butterflies, moths, and bees. Henbit and chickweed are not just valuable food for pollinators; as their names suggest, they are favorite foods of chickens. (And other birds: my son and daughter-in-law's ducks gobble down freshly foraged chickweed !)

In addition to the wild plants around the garden, several of our butterfly garden plants, notably the scarlet salvia, creeping phlox, and milkweed, are beginning to show fresh growth and the Walter's viburnum and Carolina jessamine are sporting new blooms.



With its cheery pink blossoms, henbit is not only pretty but also one of the earliest nectar sources for butterflies and bees



Walter's viburnum's snowy white flowers provide nectar for butterflies in the early spring and berries for birds later in the year



In late Winter-Spring Carolina jessamine is widespread throughout South Carolina vining its way through trees and along fences, including our fence at the butterfly garden

Even in the winter months, there are butterflies to watch for. These include the magnificent Mourning Cloak, Comma, and Question Mark which overwinter as adults and can be observed on warmer days as early as January. Other butterflies are the Cloudless Sulphur, Sleepy Orange, and Snout.



The beautiful orange and black Question Mark is one of the earliest butterflies seen in the Winter-Spring

Later in February, native azaleas, redbud trees, and coral honeysuckles will begin blooming and providing even more food sources to an increasing diversity of pollinators, birds, and other wildlife. Before you know it, winter will be behind us and the butterfly garden, along with the rest of us, will welcome the invigorating days of Spring.

Welcome New Neighbors

A big welcome to the newest I'On families! Make sure to stop by, and introduce yourself.

- Rita McManus - 101 Jakes Lane
- Stephanie McManus - 101 Jakes Lane



COMMUNICATIONS COMMITTEE

- Michael Spalding, Communications Chair
- Kathie Haas, Living In I'On Editor
- Mary Kaplan, Ambassador Chair
- Danielle Marin
- Lisa McFadden
- Kat Harberg, I'On Trust
- HOA Managers, Ravenel Associates:
- Mary James & Emily Simpson

Comments, Questions?

The Communications Committee wants to hear from you! Click here to submit your questions, comments, and requests. It's always a pleasure to hear from a Living In I'On reader!

EAST COOPER COMMUNITY OUTREACH

FOOD drive

Pack the Pantry

**FEB. 9-
FEB. 13**

Food Items

- Grits
- Peanut Butter/Jelly
- Canned Fruit
- Canned Lima Beans
- Rice
- Chicken Broth
- Hamburger Helper

Cleaning/Hygiene Items

- Dish Soap
- Bar Soap
- Deodorant
- Laundry Detergent
- Depends Size L or XL
- Toothpaste

Porch Drop Off

- 324 N. Shelmore Blvd. (Coffman)
- 98 W. Shipyard Rd. (Chitty)
- 39 Montrose Rd. (Fowler)
- 21 Eastlake Rd. (Remington)

Thank You

Sponsored by I'On Mah Jongg players and Women Inspired Through Stories (WITS).

Thanks for supporting this event!

Contact

CJ Pelletier, 843-697-2011
cjpelletier8@gmail.com

