

LIVING IN I'ON

It's a way of life, not just a place to call home

You're Invited

- 07/04 July 4 Celebration
- 07/13 Women's Coffee
- 07/22 Ladies Lunch Bunch
- 07/28 Yarn Buddies
- 09/04 Mathis Ferry Cleanup
- 10/23 Mathis Ferry Cleanup

Other Important Dates

- 07/01 Recycling Pickup
- 07/06 IDC Review
- 07/15 Recycling Pickup
- 07/20 IDC Review
- 07/29 Recycling Pickup

Creek Club Dock Closures

- 07/02 4:55 - 5:25 pm
- 07/10 4:25 - 4:55 pm
- 07/11 4:25 - 4:55 pm
- 07/23 4:55 - 5:25 pm
- 07/24 5:25 - 5:55 pm
- 07/30 4:25 - 4:55 pm

I'On Board Meetings 2021

On the following date at 6:00pm:

- July 19
- Aug. 16
- Sept 20
- Oct. 18
- Nov. 15
- Dec. 20



4th of July Celebrat'On

PARADE

Meet at Moultrieville Road & N Shelmore around 9:20am. Parade will begin at 9:30am making its way on N Shelmore to Westlake Amphitheater.

9:30
am

Decorate those golf carts & dress in your most patriotic gear. Kids, dogs, walkers, bikers, wagons, etc. are welcome & costumes in your red, white & blues are encouraged. Get creative and join the fun!

Parade details with traffic info on pg. 4

PATRIOTIC SALUTE

10
am

Following the parade, we celebrate our country's birthday with patriotic music, the National Anthem, Pledge of Allegiance, & excerpts from the Declaration of Independence by I'On neighbors.

Popsicles will be served following the Salute

CONCERT

"The First Class Band" returns to play at Westlake Amphitheater. Bring the family, a picnic, & your dancing shoes!

An ice cream truck will be around for some cold treats.

6-

PICNIC, COOLERS, LAWN CHAIRS, & TENTS ARE WELCOME.

***traffic alert: West Shipyard Road between Hopetown & Moultrieville will be closed to traffic from 5:30 - 9:30pm for the safety of those attending the event. Neighbors are welcome to drop off their picnic supplies but must park all golf carts off of West Shipyard during the event. Thank you.**

You're Invited...

...Women's Coffee

Tuesday, July 13, 10 am - noon

At the porch and gardens of Phyllis Sheffer, 48 Sowell Street

Join your neighbors for this lively gathering with your friends. Please bring your own cup for coffee. Everyone will be asked to follow the current CDC guidelines. If you have a new neighbor, invite her to attend with you! The coffees are sponsored by the I'ON Trust.

Call coordinators Susan Fitzgerald 703 402 3298 or Joyce Stifel 574 276 5000 for additional information.

...Ladies Lunch Bunch

Thursday, July 22, noon

Tavern and Table, 100 Church St., Mt. Pleasant

June lunch bunch will be hosted by Karen Rathbun. Please respond by July 15. We are limited to 12 guests so the sooner you respond the better. Join your friends and neighbors for a relaxing and fun lunch.

RSVP to Karen at karenschome@gmail.com.

...Yarn Buddies

Wednesday July 28, 10am to noon,

Hosted by Rossie Spell, 43 Joggling St.

Please contact Rossie if you are able to attend: rossie.sp@gmail.com; 404 376 4243.

Anyone with an interest in stitching, knitting, crocheting, embroidery, is warmly welcome to come. Any questions? Email bebecoyle@comcast.net.

Looking Ahead.....

... First Fridays

We're so excited!! First Fridays are resuming August 6th! Our 2021 inaugural event will be held in the courtyard behind the I'On offices off Jake's Lane, 14 Resolute Lane, at "The Captain's House." No need to RSVP, just please remember to bring your own libations, glasses and a small appetizer for all to share. The event runs from 6-8 pm.

From here on, we will usually have FFs at our neighbors' homes - the FF committee provides assistance and attendees provide the food and beverages. We currently have hosts for September, October, November and December (thank you!), but are looking for hosts for January, February, March, August, November and December 2022. Have you just finished work on your home and are ready for guests? Installed a lovely garden, perfect for a spring get together? Please let us know! Your FF volunteers - [Karen Rathbun](#), [Wendy Nixon](#), [Rossie Spell](#) and [Kari Roever](#).

...Mathis Ferry Cleanup

Mathis Ferry Cleanup will be held on September 4 and October 23. Interested? Contact [Rick Simpson](#).

Porch of the Month — 2021

Nestled under a canopy of trees in a quiet corner of East Lake, the porch belonging to **Maureen and Nigel Palmer, 183 East Shipyard Road**, is our winner of June's Porch of the Month Award. Many years ago during frequent trips to Charleston to visit her son Christopher, who attended the Citadel, Maureen fell in love with the city and the surrounding area. She discovered I'On on one of those trips and knew straight away that this would be the perfect place in which to live. She and Nigel moved to I'On from Nantucket 10 years ago and consider living in I'On a "special gift." They "treasure being in such a close community, one that is so beautiful that daily walks with the dogs never get old."

The Palmers spend lots of time outside on their elegant, private porch where you will often find them eating breakfast and dinner while enjoying the cooling breeze and wonderful views of East Lake. Maureen loves to garden and "dig in the dirt" and spends a lot of time lovingly tending her abundant herb garden, lush container plants and pretty railing boxes. With assistance from Roquel of Bella Blooms, the Palmers have recently re-landscaped their entire yard. After struggling for years to grow grass, they decided to dig it up and instead fill the space with shade tolerant plants including ferns, tractor seats, hydrangeas, and boxwoods. To complete the picture a new, elegant, Charleston green wooden fence has recently been installed around the garden perimeter.

Walking by the Palmers house, one can't help but notice the large "Innisfree" sign above the porch. Nigel's mother loved the Irish poet W. B. Yeats, in particular one of his poems called "The Lake of Innisfree" . She named the house in which Nigel was born Innisfree and as a surprise for Nigel's birthday one year, Maureen, (ever the thoughtful, romantic person that she is) had a sign made for their house in Nantucket. So, when they moved to I'On, the Innisfree sign moved with them! Luckily for us, the Palmers have no plans to move again any time soon.

Special thanks to **The Square Onion** who sponsored our Porch of the Month Award by offering a \$25 gift certificate to our winners. Next month we will once again be recognizing I'On homeowners with our Gift to the Street and Yard of the Month Awards. Please send nominations to Michele Wilson at: tenprowcc@gmail.com by July 22nd.



The Palmers, 183 East Shipyard



HOT Summer Tips from your I'On At Home neighbors

Summer is a great time to get active, spend time with friends and family, and enjoy the outdoors. The hot weather can also pose health challenges. One of the main health issues is dehydration.

The Centers for Disease Control recommends adults consume 48-64 ounces of fluid each day. If you are outdoors in the heat, you should consume even more.

Fluid can come in the form of fruit and vegetable juices, soup, water, and milk. While sodas and coffee are liquids, many health professionals say they shouldn't be counted in your daily total. If they contain caffeine, which is a diuretic, they can increase the risk for dehydration.

Here are a few tips to help you stay hydrated:

- Drink a few glasses of water or juice with every meal.
- Instead of taking a few sips of water with medication, drink a full glass.
- Invest in several stainless steel water bottles or small thermoses to refill and reuse throughout the day.
- Keep handy a list of water-rich fruits and vegetables to incorporate into meals and snacks. Melon, berries, cucumber, celery, bell peppers, oranges, spinach, and romaine all pump up hydration.
- Drink a bottle or glass of water before and while you exercise.
- Wear a hat that shields the face to keep your body temperature lower, reducing the risk for dehydration.

A final tip - limit alcohol consumption on hot days or when spending time outdoors. Like caffeine, it can cause fluid loss that increases the chance for dehydration.

If you're 55+ we invite you to join I'On At Home and become a part of our exciting adventure:



I'on Community Garden

Beware the Weeds of Summer

After the honeymoon months of Spring when our gardens look like photos from a Burpee catalog, the reality of Summer sets in. This includes hungry insect pests and plant diseases that can reduce the efforts of the most attentive gardener to naught. (Squash borers, I'm looking at you!)

Pests and diseases aren't the only challenge for us community gardeners. Weeds are another contender for bane of a gardener's existence. June and July are the time when these initially innocuous-looking tiny plants emerge from the soil and, if not eliminated early, can quickly take over your garden like kudzu by the roadside.

In the Community Garden the worst offenders include such familiar weeds as crabgrass, gum tree saplings, and Virginia creeper. But the biggest problem weeds are two that most of us know less about (although we probably have them in our gardens and landscape at home): spurge and chamberbitter.



If not removed promptly, weeds can quickly grow and make a mess of your garden



Young spurge and chamberbitter weeds getting an early start in this garden



Young chamberbitter plants begin produces seeds on the underside of their leaves

Spotted spurge is ubiquitous in our local environment. It pops up in our vegetable gardens, sidewalk cracks, landscape beds, lawns, and pathways. Mostly we ignore it if it remains small, but in favorable conditions spurge can form dense mats up to 3' across, and each plant can produce thousands of seeds. If the plant is not removed before it seeds in early summer, the seeds can sprout almost immediately. Late season seeds will lie dormant in the soil to germinate the following spring. Worse, if spurge is not removed while small, it will produce seeds only 5 weeks after germination.

Our next most noxious weed is chamberbitter, sometimes charmingly called "little mimosa" because of the shape of its leaves. Don't be deceived: this is no charmer. A more appropriate moniker would be "stealth bomber". Chamberbitter, which is in the spurge family, emerges at the same time as spurge and produces seeds on the underside of its leaves (where they grow unnoticed) even when it is small. If left to grow, it can form 1-2' mounds and produce hundreds of seeds and new plants.

What's the best way to attack these two garden enemies? Preemptively, keep your garden covered in a 2'3" layer of mulch (straw is highly recommended and commonly used at the Community Garden) to suppress germination, and avoid tilling the soil (which turns up lots of weed seeds to the soil surface). Once weeds germinate, pull them before they can seed and spread, and be sure to remove the taproot or they will grow back. Glyphosate is not recommended because it will kill any other plants it contacts, such as your prized tomatoes. Research also shows that soil health and soil organisms can also be damaged when toxic chemicals are used. Do not despair, gardeners! Although weeds will always be part of our gardens, they can be managed as has been true for thousands of years. Enjoy those tomatoes. April Gordon (dr.april gordon@gmail.com)

Butterfly Garden

Little Known but Much Admired Butterfly Garden Plant

Visitors to our garden naturally ask about the butterflies they see, but some also take note of our many flowering plants. Especially gathering admiring looks is the large, showy Turk's Cap shrub by the benches outside the garden fence. With its bright red pendulous flowers, our Turk's Cap is a stunning addition to our pollinator plants. It is attractive to hummingbirds and other long-tongued pollinators (such as the Cloudless Sulphur butterfly). While it may look exotic, Turk's Cap is a member of the Mallow family which includes such familiar relatives as hibiscus, Rose of Sharon, cotton, and okra.

The Turk's Cap in our garden (*M. penduliflorus*) is a native of Mexico and related to a similar variant, also called Turk's Cap, native to the Southeast (*M. arboreus*). This shrub makes an outstanding landscape plant that doesn't just belong in butterfly gardens. It can grow up to 10' tall in either full sun or part shade (it actually prefers light shade) and is low maintenance. When established, Turk's Cap is drought and heat tolerant -- a big plus in our local climate! It is also cold hardy and evergreen here in Zone 8b, as we have experienced at the butterfly garden during the winter when many of our perennials are dormant. Yearly pruning to maintain its size and fullness are the main care this plant needs. Bottom line: butterfly garden or landscape garden, Turk's Cap will be a welcome addition. Oh, did I mention the flowers are edible!

April Gordon (dr.aprilgordon@gmail.com)



Turk's Cap in bloom under the tall trees outside the Butterfly Garden



In the same family as Hibiscus, Turk's Cap is full of nectar for pollinators



Cloudless Sulphur enjoying nectar from Turk's Cap blossom



Photo courtesy of Janet Curtin

Welcome New Neighbors

A big welcome to the newest I'On families! Make sure to stop by, and introduce yourself.

- Jennifer & Mark Axmacher - 46 Sanibel St
- Landy & Andrew Barnard - 63 Sanibel St
- Craig Wright & Doug Barrios - 94 N Shelmore Blvd
- Danielle Burness & Phil Blevins - 18 Jogging St
- Carol & Kevin Dickey - 22 Fernandina St
- Peter Evans - 138 Ionsborough St
- Morgan & Chris Lo Verde - 58 Saturday Rd
- Clay & Lauren Olsen - 132 Civitas St
- Janice & Robert Olshever - 47 Robert Mills Circle

Moving around I'On

- Vike and Leigh Engh - 170 Ionsborough St

CONGRATULATIONS, GRADUATE



Ryan Bishop, graduating from Philip Simmons High School. Will be attending Clemson University.

COMMUNICATIONS COMMITTEE

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Comments, Questions?

The Communications Committee wants to hear from you! Click here to submit your questions, comments, and requests. It's always a pleasure to hear from a Living In I'On reader!